



Since 1951

# LEARN TO SKATE

# LEARN TO PLAY



A 30 minute program for young skaters aged 3 to 7. No previous skating experience is required. We provide a small group environment where children are encouraged to stand on their own and balance and control at their own pace. Skaters are assessed at their first class and grouped by ability. Skaters that are able to stand and move on their own begin working on the CanSkate badges.

**Equipment:** All participants must wear a CSA certified helmet with a cage and gloves, as well as snow pants/waterproof pants.

**Note:** This is an introduction to hockey. Hockey gear is optional. If your child can not skate by themselves please sign-up for our beginner learn to skate program first. OR do a 1/2 hour of Learn to Skate and 1/2 hour of Learn to play back. Kids must wear ice skates, hockey helmets with full-face cages, and hockey gloves or thick winter gloves to participate or full equipment once they can skate properly.

**FOR AGES  
3-7**

## SESSIONS:

Day of Week	Time	Rink	Fall Start End	Fall End Week	# of Weeks	Winter Cost	Winter Start End	Winter End Week	# of Weeks	Cost
Wednesday	5:00 PM	Appleby 1	4-Oct	20-Dec	12	\$360	3-Jan	20-Mar	12	\$360
	5:30 PM	Appleby 1	4-Oct	20-Dec	12	\$360	3-Jan	20-Mar	12	\$360
Thursday	5:00 PM	Appleby 1	5-Oct	21-Dec	11	\$330	14-Jan	21-Mar	12	\$360
	5:30 PM	Appleby 1	5-Oct	21-Dec	11	\$330	14-Jan	21-Mar	12	\$360
Saturday	8:00 AM	Central	30-Sep	16-Dec	11	\$330	6-Jan	23-Mar	12	\$360
	8:30 AM	Central	30-Sep	16-Dec	11	\$330	6-Jan	23-Mar	12	\$360
	9:00 AM	Central	30-Sep	16-Dec	11	\$330	6-Jan	23-Mar	12	\$360
	9:30 AM	Central	30-Sep	16-Dec	11	\$330	6-Jan	23-Mar	12	\$360
Saturday	11:30 AM	Nelson	30-Sep	16-Dec	12	\$360	6-Jan	23-Mar	12	\$360
	12:00 PM	Nelson	30-Sep	16-Dec	12	\$360	6-Jan	23-Mar	12	\$360
Sunday	8:00 AM	Mainway 2	1-Oct	17-Dec	11	\$330	7-Jan	24-Mar	12	\$360
	8:30 AM	Mainway 2	1-Oct	17-Dec	11	\$330	7-Jan	24-Mar	12	\$360
	9:00 AM	Mainway 2	1-Oct	17-Dec	11	\$330	7-Jan	24-Mar	12	\$360
	9:30 AM	Mainway 2	1-Oct	17-Dec	11	\$330	7-Jan	24-Mar	12	\$360



## BIOS:

### CERTIFIED SKATING INSTRUCTORS:

**Jacqueline Beriault**, Lead Instructor, has 10 years of Learn to Skate experience in the Burlington and Oakville areas. Her passion for skill development, fitness through sport and inclusion has engaged and empowered skaters from ages 4-18 as well as adults.

She holds a Bachelor of Education and as a member of the Ontario College of Teachers She works in partnership with parents and communicates skaters' progress regularly. Her expertise and experience as a Lead Instructor makes Jacqueline a strong leader.

**Judith Beriault** has spent over 30 years on and off the ice in support of skaters. As a skater, coach and administrator she models teaching and learning that focuses on a healthy active lifestyle.

With a Master of Education and as a member of the Ontario College of Teachers, Judith works enthusiastically to celebrate skater success and encourage skaters to rise to new challenges. She encourages parent feedback to improve program delivery.



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